

The Weekly Web

United Suburbs Redbacks



Andrew McKenzie - Chairperson - Mobile 0402 219287
Dave Southgate - Secretary - Mobile - 0403 315 643
Fiona McKenzie - Treasurer - 0407114847

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www.unitedsuburbs.com

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BUS TRAVEL TO CHARTERS TOWERS - SATURDAY 26th JULY, 2008

Can the Coach and / or Manager of the following teams contact Jodi Raymond by Tuesday 22nd July, 2008, in regards to their teams travel on the bus on Saturday 26th July, 2008 to Charters Towers -

U/10 Red Team, U/11's, U/12 White Team, U/13's Team, U/14's Team, & U/16 Team.

Jodi and the executive of The Redbacks appreciate your co operation on this matter. They will inform you asap of your time of departure from WRSHS and your return time from Charters Towers

Directions into Charters Towers to the grounds -

As soon as you come into Charters Towers, turn onto Boundary Street, follow it until you reach the pool, than turn left again. Contact for Charters Towers is Carol Lamb. Her mobile phone is 0488647483. The directions were emailed out to the team contacts that Dave has on email on Wednesday 16th July, 2008.

Travel to the Burdekin Saturday 19th July, 2008

To the players, Coaches, parents and other team volunteers that supported the bus travel Saturday 19th July, 2008 to The Burdekin - a big thank you. It is disappointing to see and hear that parents insist on taking their own cars to these out of town centre's. Early figures as of 3.00.p.m. last Thursday afternoon indicate that none of the buses were full so therefore **The Redbacks have lost \$420.00** on The Burdekin trip.

We had a total of 33 empty seats on the three buses. Had we had filled these empty seats we would have covered our costs by \$75.00

It is hoped that with the 10 seats that club supporters confirmed at training last Thursday and some late starters on Saturday the loss for us may not have been so bad?????? We will advise in next weeks newsletter.

Lets hope we all get better support for the Charters trip this Saturday and we can cover some of these lost costs.

This is why we tried to do a lot of fund raising this season. The Redbacks are setup as a Non For Profit Sporting Club but we have to make a profit each season to be able to continue our growth both on and off the park.

Good work Jodi and Simone in chasing up and organising the buses for this season.

Meet and Greet - Saturday 26th July, 2008

***** Fiona has planned a meet and greet on Saturday 26th July, 2008 at The Acardian Surf Life Saving Club on The Strand for all Coaches, Managers, FAO and Runners along with Sponsors and some invited guests. Cuisine 2 Go will provide finger food and drinks will be available to purchase. The night will start at 7pm.

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As long as Fiona has your details you would have got your invite by now. If no one knows you are helping out THE REDBACKS you will have missed out on your invite

Coaching Updates with Tim Nugent

THE COACHES UPDATE WILL NOW BE HELD ON Monday 28th July, 2008

5pm to 5.30pm - Tim Nugent walking around watching coaches / teams training sessions.
5.30.p.m. - Club Teams training ends
5.30.p.m. To 6pm - Practical training session on the park - before the light fades
6pm to 6.30.p.m. - Classroom chat, Coaches ask questions on situations they are not sure of etc.

The coaches / assistant coaches that attended the first coaching update are welcomed to attend this training session if they wish to.

ATTENDANCES AT THESE COACHING UPDATES ARE COMPULSORY FOR COACHES QUALIFICATIONS TO REMAIN CURRENT.

Draws for Round 11.

Dave has received the draw for Round 11. It was emailed out on Thursday 17th July, 2008.

As soon as the draws for Rounds 12 to 15 come out they will be forwarded on to those club volunteers on email. Otherwise go to our website at www.unitedsuburbs.com and download your own copy.

COWBOYS CATERING TEAM

Require your assistance again on the following dates -

Saturday 2nd August, 2008 - The Cowboys V's The Roosters
Saturday 16th August, 2008 - The Cowboys V's The Titans
Saturday 30th August, 2008 - The Cowboys V's The Raiders

Thanks again. The benefits of the money raised by the Cowboys Catering Team will go towards building a club house for the players, parents and supporters of The Redbacks in years to come, this is why we keep asking for your assistance. See Andrew at training if you can help out

2008 Junior Presentation Day for The Redbacks

A meeting will be held on Thursday 31st July, 2008 starting at 6pm to discuss the final arrangements for our 2008 Junior Presentation Day.

Club Photo's Tuesday 12th August, 2008

This is a reminder that Fiona has organised for The Redbacks - Executive & Working Administration Team, Coaches, FAO, Managers and Runners to have group photos taken. She would also like to see as many players, club supporters, parents and club volunteers to see if we can get a great big photo to ad to the clubs history. Please be at WRSHS at 4.30.p.m. to have these photo's taken.

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PLEASE NOTE THAT ALL DRAWS ARE CORRECT AT TIME OF PRINTING
Wednesday 16th July, 2008

Round 11 – Version 1

DAY	TIME	GRADE	HOME TEAM		AWAY TEAM	Field
Sat. 26th July, 2008	8.00a.m.	U/7	United Suburbs White	V's	Western Lions Blue	F5
	9.40.a.m.	U/9	United Suburbs Red	V's	Centrals White	F1
	9.40.a.m.	U/10	United Suburbs White	V's	Brothers Green	F2
	10.30.a.m.	U/9	Western Lions Blue	V's	United Suburbs White	F1
	12.00 noon	U/7	Centrals White	V's	United Suburbs Red	F4
	12.00 noon	U/8	United Suburbs Red	V's	Centrals White	F5
	2.00.p.m.	U/8	United Suburbs White	V's	Brothers Green	F5
	3.40.p.m.	U/12	Norths Gold	V's	United Suburbs Red	F2
	9.00.a.m.	U/10	Charters Towers	V's	United Suburbs Red	Charters Towers
	9.50.a.m.	U/11	Charters Towers	V's	United Suburbs	Charters Towers
	10.40.a.m.	U/12	Charters Towers	V's	United Suburbs White	Charters Towers
	11.50.a.m.	U/13	Charters Towers	V's	United Suburbs	Charters Towers
	1.00.p.m.	U/14	Charters Towers	V's	United Suburbs	Charters Towers
	Forfeit	U/15	Charters Towers	V's	United Suburbs Forfeit	Forfeit
	2.10.p.m.	U/16	Charters Towers	V's	United Suburbs	Charters Towers

U/10 White Team, U/11 Team, U/12 White Team, U/13 Team, U/14 Team & U/16 Team travel to Charters Towers.

Money, a list of names of who has paid for a seat should be given to Jodi Raymond no later than next Tuesday 22nd July, 2008. They will advise departure and arrival times and any other details as required.

Travel on the bus is compulsory for all players. Parents are encouraged to also travel on the bus to assist team coaches and volunteers with the players. Seats are \$15.00 each.

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SUCCESSFUL GRANT APPLICATION

Dave has had another successful grant application from The Gambling Community Benefit Fund gaining The Redbacks a total of \$7,403.00. Dave had asked for \$8,144.00. The Redbacks will have to ad a total of \$741.00 so we can buy The Industrial BBQ and eskies from Ryland Place Hervey Range Road Thuringowa Central and a Trailer 8 metres x 5 metres to boost The Redbacks fund raising capabilities.

This takes to the amount of money Dave has secured for The Redbacks to nearly \$60,000.00 in almost 3 years in much needed funds which has bought sporting / office / fund raising equipment, training courses, 5 year plan for The Redbacks etc.

Positions Vacant 2008 Season

We have a number of positions available at the moment and if we are able to fill them it will lessen the workload of the Executive and Working Administration Team -

Blue Room Co ordinator - To purchase soft drink, food etc., to sell in the blue room. Be responsible for a float used in the blue room, account for all money - income and expenditure, to be available when the blue room is open to serve the food and drinks to those asking for the items

Fund Raising Co ordinator - to raise much need funds for The Redbacks so we can purchase new jersey's, footballs both training and playing and other equipment and items that grants do not cover

Risk Management Co ordinator - To assess our training and volunteering areas and identify possible risks to our players, volunteers and supporters and put in place strategies to prevent these risks causing injuries to anyone associated with The Redbacks.

Assistants to The Cowboys Catering Team

Please consider these positions and ask Andrew and / or Fiona for further information

FUNDRAISING DUTIES AND BAR DUTIES AT THE T&DJRL ON FRIDAY 1st & SATURDAY 2nd AUGUST, 2008

The Redbacks are rostered for Fund Raising and Bar Duties on Friday 1st & Saturday 2nd August, 2008. As soon as the Round 12 of the T&DJRL Draw is available teams will be rostered to assist The Executive and Working Administration Team selling tickets in our 250 Number Board - tickets just \$5.00 each and also the 10 Cartons of Mid Strength Tins (**kindly donated by The Stuart Hotel**) and bar fridge - tickets just \$2.00 each.

More tickets in the beer and fridge are available from The Blue Room.

National Tree Planting Day is Sunday 27th July, 2008

Check out their website at www.toyota.com.au/treeday to find a tree planting location near you and help them continue greening Townsville and replacing the bush land lost by development.

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Crawlies Corner

A Couple of Recipes for the kids to help Mum and Dad

in the

kitchen with some kid friendly Recipes.

Recipes from www.goldeneggs.com.au/recipes/snacks

KIDS SNACK NO.1. FAST FRENCH TOAST

INGREDIENTS:

3 Golden Eggs
½ cup milk
8 slices bread or
4 muffins or
crumpets
1 tsp butter or
low cholesterol
oil
choice of
toppings (see
below).

Toppings:

Choose from
cinnamon sugar
hundreds and
thousands
chocolate
sprinkles
bacon
creamed
sweetcorn
grilled tomatoes
sliced cooked
apples.



Preparation
Time: 3 minutes
Cooking Time: 3
minutes per slice
Serves 4

DIRECTIONS:

1. Beat together Golden Eggs and milk.
2. Melt butter or heat oil in frypan.
3. Slice bread in half and quickly dip into Golden Egg mixture until coated.
4. Place bread in pan. Cook until brown. Turn over and cook other side.
5. Add your choice of topping and serve immediately.

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SPICY POTATO PUFFS

INGREDIENTS:

3 medium potatoes -
peeled
125g quark or ricotta
2 tsp olive oil
1 tsp chilli powder or
sauce
2 bacon rashers or ham
slices - chopped
3 Golden Eggs -
separated
1 leek - sliced
chopped parsley
1 tsp curry powder
paprika or chilli powder
½ tsp nutmeg



Preparation Time:

Cooking Time: 30-40 minutes

Serves: 14 deep dish puffs

DIRECTIONS

1. Heat oven 180°C then brush patty pans with extra oil and set aside.
2. Boil potatoes till tender. Drain, mash, 'rest' 10 minutes. (Microwave unpeeled potatoes on high 12 minutes if wished - then peel).
3. Heat oil in a fry pan, sauté bacon and leek. Blend in curry, nutmeg, quark, chilli powder or sauce. Mix Golden Egg yolks into the sauté. (Blend a little hot mix into the yolks, mix lightly, then pour all back into the sauté).
4. Whisk Golden Egg whites until glossy white. Gently fold potato and chopped parsley into egg white foam to combine thoroughly.
5. Divide mixture between patty pans, sprinkle with paprika or chilli powder. Bake 180°C 30-40 minutes. Cool 5 minutes before removing from pans.

TO SERVE

Make a mint mayonnaise from ½ cup peas, ½ cup of mayonnaise, ½ cup of sour cream, mint, chives and garlic (optional). Mix or blend together.

Serve with the puffs on an attractive platter.

Puffs freeze. Mayonnaise will not freeze.